



St Alban's CE Primary School

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National Support School
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Teaching & Leadership

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Dear Parents,

We have been advised that there have been two confirmed cases of COVID-19 within the school in recent days. The children who have tested positive were not in school prior to displaying symptoms as they were self-isolating due to family displaying symptoms. As they were not in school for more than the full two days before symptoms/testing positive, Public Health England have advised that school and the children's bubbles could remain open. This is because it is in the two full days before symptoms that a person becomes infectious.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Therefore, the school remains open and your children should continue to attend as normal if they remain well.

The social distancing and other control measures we have put in place in school, mean that this does not directly affect your child. Also, because all of our parents are being incredibly supportive and thoughtful by ensuring that children self-isolate when someone has symptoms in their family, this has meant that our school has managed to go through this first half term without having to close bubbles and without our children being exposed to the virus. We are incredibly grateful to you all for working with us in this way to keep everyone safe.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

The health, safety and wellbeing of our staff and children remains our priority and we thank you for your continued support during these unprecedented times. Have a wonderful half term and a well-deserved rest!

Yours sincerely,
Alison Adair
Executive Headteacher

Amy Gurner
Head of School

