# Neurodiversity Support and Information for Families



To support the families of children who have neuro-developmental differences we offer a range of information, support and advice sessions through a variety of providers.



#### **ROTHERHAM PARENT CARERS FORUM**

As well as offering peer support, a welcoming community and an understanding ear the RPCF offer many activities which parents, carers, children, young people and siblings can all engage in. Many parents have shared that they have felt less isolated and more empowered to access support following these. RPCF offer a range of workshops including Advocating For Your Young Person, Managing Anxiety, Working in Partnership with Services and Emotional Regulation.

E-mail: admin@rpcf.co.uk Telephone: 01709 296262



#### **EARLY HELP**

Our Early Help team offers evidence-based courses exploring approaches to parenting. In addition there are also sessions focussing on specific areas such as sleep.

E-mail: mash-referrals@rotherham.gov.uk
Telephone: 01709 334905

## CHILDREN'S DISABILITY FAMILY SUPPORT TEAM

The Children's Disability Family Support Team deliver Stepping Stones for parents and carers of children and young people (aged 0-12 years). This is based on positive parenting strategies and aims to support you in encouraging more of the behaviours you want to see, managing stress and teaching your child new skills.

Telephone: 01709 555967

## AUTISM INFORMATION AND ADVICE SERVICE

For families with children and young people on the neurodevelopmental waiting list, or those with a diagnosis of autism our Autism Information and Advice Service offers sessions including Understanding Autism, Considering Behaviour and Teen Life

Email: autismadvice@rotherham.gov.uk
Telephone: 01709 336404

### **SCHOOLS AND SETTINGS**

The school or setting your child or young person attends is an excellent resource. They know how your child or young person presents in their setting and they can signpost you to support that is available across the borough. Each setting has a designated teacher who oversees the needs and support for children and young people with additional needs, often known as a Special Educational Needs and Disability Coordinator (SENDCo). A conversation with the class teacher or SENDCo may help you to consider what would be of benefit.

