



Taylor Shaw Primary Spring Summer 2022 Week One

St Albans

Primary Menu Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Whole meal Margherita Pizza Slice	Classic Pasta Bolognese & Garlic Bread	Roast Chicken Served with Stuffing & Gravy	Creamy Chicken Korma Curry & Mixed Rice	Classic Friday Fish & Tomato Sauce
Vegetarian Main Meal	Smoky Spiced Vegetable Stew with Mexican Rice	Sticky Barbecue Vegetables & Noodles	Quorn Roast with Stuffing & Gravy	Oven Baked Veggie Burger	Vegetable Nuggets & Tomato Sauce
Jacket Potatoes	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Salmon Mayonnaise, Grated Cheese or Baked Beans				
Potato Option	Jacket Wedges	Noodles	Roast Potatoes	Potato Wedges	Chipped Potatoes
Vegetable Selection	Green Beans Sweetcorn	Broccoli Fresh Carrots	Cauliflower Seasonal Greens	Sweetcorn Mixed Salad	Baked Beans Garden Peas
Sandwich Selection on a white or brown bread	Cheese/Ham	Cheese/Tuna Mayo	Roast Baguette of the day Cheese	Cheese/Ham	Cheese/Tuna Mayo
Dessert	Flapjack	Marble Cake & Chocolate Sauce	Vanilla Ice Cream	(Ginger) Shortbread Finger	Chocolate Cookie

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts



Primary Menu Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Whole meal Margherita Pizza	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce	Roast Gammon Served with Yorkshire Pudding & Gravy	Fresh Oven Baked Chicken Pie	Fish Fingers & Tomato Sauce
Vegetarian Main Meal	<u>Build Your Own Taco</u> with Veggie Chilli, Mixed Rice and a Mint yoghurt	Tomato & Basil Pasta Bake	Roast Veggie Balls with Yorkshire Pudding, & Gravy	Creamy Macaroni Cheese	Veggie Hot Dog with Onions
Jacket Potatoes	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Salmon Mayonnaise, Grated Cheese or Baked Beans				
Potato Selection	Half Jacket Potato	Baked Wedges	Roast Potatoes	Mash Potatoes	Chipped Potatoes
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Sweetcorn	Baked Beans Garden Peas
Sandwich Selection on white or brown bread	Cheese/Ham	Cheese/Tuna mayo	Roast Baguette of the day Cheese	Cheese/Ham	Cheese/ Tuna Mayo
Dessert	Oaty Crunchy Biscuit	Apple Crumble & Custard	Jelly & Mandarins	Watermelon & Pineapple Slices	Chocolate Brownie

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts





Taylor Shaw Primary Spring Summer 2022 Week Three

St Albans

Primary Menu Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Freshly Made Whole meal Margherita Pizza	Traditional Sausage & with Gravy	Roast Turkey served with Stuffing & Gravy	Chicken Enchilada with Baked Potato Wedges	Classic Friday Fish & Tomato Sauce
Vegetarian Main Meal	Meatballs with Tomato Sauce & Pasta	Chinese Vegetable Curry, Mixed Rice	Quorn Roast with Stuffing, & Gravy	Veggie Mince Pasta Bolognese & Garlic Bread	Cheese & Onion Quiche with Tomato Sauce
Baked Potatoes	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Potatoes	Baby Baked Potatoes	Mashed Potatoes	Roast Potatoes	Jacket Wedges	Chipped Potatoes
Vegetable Selection	Mixed Vegetables Garden Salad	Baked Beans Cauliflower	Spring Greens Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Sandwich Selection on white or brown bread	Cheese/Ham	Cheese/Tuna Mayo	Roast Baguette of the day Cheese	Cheese/Ham	Cheese/Tuna Mayo
Dessert	Chocolate & Banana Muffin/Cake	Flapjack Finger	Jelly & Mandarins	Lemon & Blueberry Cake	Frozen Toffee Yoghurt

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

