



St Alban's CE Primary School SEND Newsletter

September 2025

Welcome

Welcome to the first SEN newsletter of the academic year. As St Alban's Primary School's Special Education Needs and Disability Coordinator (SENDCo), I am here to offer support and advice regarding additional needs or SEND support for your child. Talking to the class teacher first is always the best way to communicate any concerns, then we can work collaboratively to ensure children get the best support.

As always, any queries or questions related to SEND can be sent to **sendco@sap.dsat.education**

Mrs Cooper and the St Alban's Team



Every classroom at St Alban's uses the same basic visuals to reduce cognitive load for all pupils.

A New School Year

The start of a new school year can be very challenging for many children. For some children, this is the first time at being at school and having to adjust to school life. For other children, a new school year means lots of change and new things to navigate, which can be a stressful time for both children and parents.

Getting to know teachers and teaching assistants is a great way to help settle in to new classes. It has been really pleasing to see how many children are already comfortable in their new classrooms and for some, new playgrounds.

At St Alban's we try to have a consistent approach throughout school so that we can minimise the amount of change a child will face.

Well done to all the children and parents for giving the new school year a chance.



Did you know?

Your child could get Special Education Needs (SEN) Support at school if their condition means they:

- Find it harder to learn than other children their age
- Have a condition which means their school or the way they are taught is not accessible to them

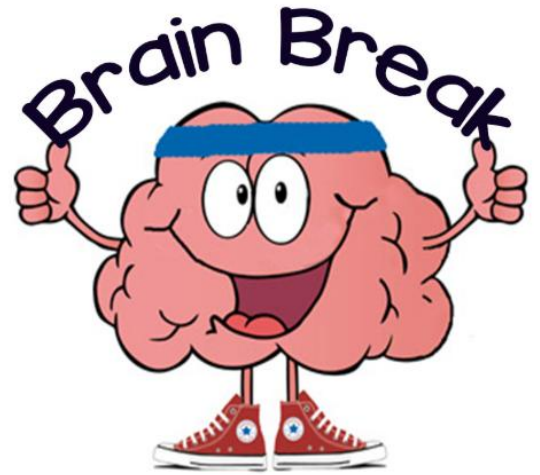
Your child can still get SEN Support without a diagnosis

It's not a race...it's a journey

What's a Brain Break?

In the classroom, brain breaks are quick, structured breaks using physical movement, mindfulness exercises or sensory activities. Brain breaks can be done individually or as a whole class. Brain breaks give children (and adults) a brief rest from what they are doing to help their brains shift focus and return ready to work and learn.

Some classes at St Alban's have already introduced brain breaks into the daily routines and others will be doing so in the near future. Some children may need an individual brain break throughout the day and they are planned in to their day when necessary.



What is Rotherham SENDIASS?

Rotherham SENDIASS stands for Special Educational Needs and Disability Information, Advice and Support Service

We can offer you impartial information, advice and support if you are:

- a parent or carer for a child or young person up to age 25 with special educational needs or disabilities
- a child up to age 16 who has special educational needs or disabilities
- a young person aged 16-25 who has special educational needs or disabilities

Telephone

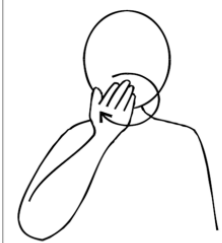
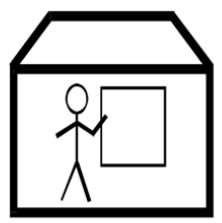
Call Rotherham SENDIASS on 01709 823627

In Person by appointment'

Rotherham SENDIASS
Riverside House
1st Floor, Wing C
Rotherham
S65 1AE

Makaton Sign of the Month

Makaton is a language support system used by many children and adults with additional needs. It is closely linked to British Sign Language, although it aims to support rather than replace language.

Sign	Symbol
	
School	